



Module 2 Exercise 2: Become Your Own Woman

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Module 2 Exercise 2: Become Your Own Woman

Nowadays, EVERYBODY dates online. And because women are so easily accessible through online dating and Facebook, they are a LOT more guarded these days than ever.

This week, you're going to "become your own woman" to get a full-on, uncensored understanding of what it's like to be a single woman in the dating world.

Let me explain. . .

Why?

Women throw up all sorts of barriers when it comes to men.

And I know you know this because you want what it takes to break through those barriers and attract beautiful women ;-)

This exercise requires minimum effort and will create maximum results.

Ready?

I want you to know what it's like to walk in a woman's shoes.

No, I'm not going to make you put on a pair of heels, but I am going to show you what beautiful women experience with men every day.

Douchebags, jerks, awkward and uncomfortable approaches, guys using/treating them as objects, staring at their boobs and not their face. . .

So here is your assignment so that you can see the tiny errors and mistakes you make that are silently killing your chances of attracting, dating, and getting incredibly amazing and beautiful women.

Here's What I Want You To Do:

1. Select a free online dating site like PlentyOfFish.com or Okcupid.com
2. Sign up for the site, but not as a man. Sign up as a woman
3. Select a picture of an attractive, girl-next-door type of woman
4. Create a profile. Just jot a few things down. You can even copy and paste from another profile that you find
5. Then watch and learn. See how men approach and attack. See how they pounce, the moves they use, and how quickly you put up a shield

The free online dating sites are going to kill me for telling you this, but do it anyway. As soon as your exercise is complete, please take down the profile. I don't want to get in trouble :-)

BTW - This a great conversation piece if you are ever at a singles event ;-)

I give this exercise to all my private coaching clients. One of my recent clients wrote to me after doing the exercise and said this:

Marni,

So I signed up on Plenty of Fish as a woman and I've learned that dudes are lame. In less than a day I've received 11 pages of emails, most of which have "Hi" as the subject.

The message itself is usually something along the lines of "You're pretty, please talk to me."

I used some photos that I found online (lots of interesting sites pop up when you google "hot babe")

In a few of the messages, the guys were not-so-subtly bragging about one thing or another. Or they just hit me with a barrage of questions. I didn't realize how pathetic most guys are.

Is this what it's like for women in real life, too? I actually started to feel like I would be doing women a FAVOR by approaching

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them, and now I have the added confidence I needed to actually go do it. Haha!

After seeing what OTHER guys are out there, I'm almost certain she's going to want me the second I start talking to her, which always ends up being the case after.

Thanks for the challenge!

Dave

I have given this exercise to over 200 men, and each of them had the exact same response.

They were shocked at how women were bombarded by pathetic losers.

So you can imagine why women have developed their own "barriers to entry" and why it's even more challenging for great men to break through the barriers.

The lesson you'll learn from this exercise is invaluable. It gives you a leg-up over your male competition and an insight into women that 99% of the men in the world will never have.

If you normally don't come across a lot of women in your daily interactions, I want you to GO OUT and change that.

Start getting coffee every morning, making a point to buy groceries once a week, use last module's "Google This!" exercise to do more activities... so that you can BE around women every day.

Again, spend at least a week's time working on these exercises, and don't forget to KEEP ON PRACTICING with the exercises from the last module. I want you to incorporate women INTO your life... not sacrifice your life FOR them.

So remember to lock down all the exercises from the last module, and then go out there and talk to AS MANY WOMEN AS POSSIBLE for these exercises.